

Treads

by Victoria Anne Baker

Materials:

150yds / 140m worsted or light aran weight yarn -
Shown in Berroco Palace yarn (50% merino, 50% silk),
colourway 8890. You may get gauge with lighter yarns.

Size 5 US (3.75 mm) double pointed needles, or size that
achieves gauge

markers, tapestry needle

Gauge:

6 stitches/inch in stockinette stitch



Size:

The pattern was written for an average hand
circumference of 7 inches.

Casting on greater or fewer stitches, **in an even number**, could help to alter sizing. But please keep in mind that later you will have to change the number of stitches for your fingers accordingly. I recommend "Progressive Gloves" (*Interweave Knits*, Winter 2003) for a great introductory tutorial on glove measurements.

Abbreviations Used:

k = knit

k2tog = knit two together

p = purl

lh = left hand

rh = right hand

rnd = round

pm = place marker

sm = slip marker

sl1 = with yarn in back, slip one stitch purl-wise

st = stitch

wyib = with yarn in back

m1l = make one left: with left needle, lift strand between stitches
from front to back, knit the lifted stitch through the back

m1r = make one right: with left needle, lift strand between stitches
from back to front, knit the lifted stitch through the front

Stitches/Techniques:

Lateral Braid (aka Vikkel Braid)

I first learned about this wonderful Estonian technique from Nancy Bush, in her sock pattern entitled [Fox Faces Socks](#). At first, it may seem a bit of a challenge, but once you get the hang of it, you'll want to make lateral braids all the time!

To begin, m1r and then replace this newly made st onto the lh needle.

* Bring yarn to back. From the back, knit into the back of the 2nd st (the one to the left of the newly made st), and then, keeping that st on the needle and yarn at back of work, bring needle around to front, and knit into the front of the first st.

Slip both of these first and second sts off the lh needle.

You should have 2 newly made sts on your rh needle, replace the leftmost st back onto the lh needle.

Repeat from * for the rest of rnd. *Need a visual?* Here's a helpful [video](#) (though in German) of the process.

When rnd is complete, slip the first st of the next rnd back onto the rh needle point ** and pass the last st of the rnd over that st (as you would do a bind off).

Replace the first st of the rnd onto the lh needle point.

****Optional:** To avoid the braid joggng: after slipping the first st of the next rnd onto the rh needle, also pick up the loop one row below the first st and slip that onto the rh needle. Pass the last st of the rnd over both sts. Slip them back onto the lh needle. Then in the following rnd, knit these together (k2tog) and continue rnd as written.



Linen Ridge Stitch (in the round)

Row 1: purl

Row 2: *(wyib sl1, p1), repeat from *

Row 3: purl

Row 4: *(p1, wyib sl1), repeat from *

(*Reminder:* sl1 = slip 1 stitch purlwise)

Pattern Directions

Follow these instructions for both left and right hand.

Cast on 40 stitches. I prefer the long tail cast on. (Watch a helpful how-to video for this method here: <http://www.knittinghelp.com/videos/cast-on>).

Divide sts evenly amongst dpn's and join in the round.

Cuff

Begin with a k1, p1 rib in the round until it is 1 inch in length (about 8 rnds).

Knit 1 row.

Knit 1 lateral braid (see directions above under Stitches/techniques).

Knit 1 row.

Knit 2 repeats of rows 1 to 4 of the Linen Ridge Stitch (see Stitches/Techniques above), then repeat rows 1 to 3 of the Linen Ridge Stitch, ending with a purl row.

Knit 2 rows.

Knit a lateral braid.

Begin thumb gusset.

Thumb Gusset

Row 1: k1, pm, k1, pm, k to end.

Row 2: k1, sm, m1r, k to marker, m1l, sm, k to end.

Row 3: knit.

Row 4: knit.

Repeat rows 2 to 4, four more times. When you've completed these rnds, you should have 11 thumb sts between the markers.

k1, m1r, remove marker, slip 11 thumb sts on to waste yarn, remove second marker, knit next st to join over thumb hole, knit to end of rnd.



Hand

You should still have 40 sts.

Knit a lateral braid.

Knit 1 row.

Knit linen ridge stitch as before. 2 repeats of rows 1 to 4, then rows 1 to 3, ending with a purl row.

Knit 2 rows.

Knit a lateral braid.



Tipless Fingers

Imagine the first 20 sts as the front of your hand, and the last 20 sts as the back of your hand.

Index finger:

Knit 7 sts on front needle, slip next 26 sts (13 from front, 13 from back) on waste yarn.

7 more sts should remain on a back needle, behind the 7 front sts.

With a third needle cast on three fourchette sts (using backloop method) over gap between front and back needle.

Knit the back needle's 7 sts.

Knit 4 more rnds of these 17 finger sts.

Bind off.

Middle Finger:

From waste yarn slip first 5 sts on front needle.

Then slip the last 5 sts on to back needle.

Attach yarn beside front needle.

Knit 5 front, make 3 fourchettes, knit 5 on back needle, pick up and knit 3 sts from index finger = 16 sts.

Knit 4 more rnds of these 16 sts.

Bind off.

Ring Finger:

From waste yarn slip 4 first sts on front needle, and last 4 on back needle.

Attach yarn before front needle, knit front 4, make 3 fourchettes, knit back 4, pick up and knit 3 sts from middle finger = 14 sts.

Knit 4 more rnds of 14 sts.

Bind off.

Pinky Finger:

Slip remaining sts from waste yarn, 4 on front needle, 4 on back needle.

Attach yarn before front needle.

Knit 4 front sts, Knit 4 back sts, pick up and knit 3 sts from ring finger = 11 sts.

Knit 4 rnds.

Bind off.

Thumb:

Slip 11 thumb sts onto two needles. Attach yarn at inside.

Knit 11, pick up and knit 6 sts.

Knit these 17 sts, 6 more times.

Bind off. Weave in ends. Both left and right gloves are knit the same. Enjoy!

Please feel free to contact me if you have any questions or suggestions. Message me through Ravelry, where my username is "oftherain" or at my blog oftherain.wordpress.com.

Copyright ©2010 Victoria Baker



This pattern is provided free for your personal use or for charitable use only. Please do not use it for any other purpose without the consent of the designer.